

The Advocate - Inspire, Educate, and Empower - Keep Informed

Area Agency on Aging 3 <jmolaski@psa3.org>

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To:Jolene Molaski <jmolaski@psa3.org>




The Advocate  
*Inspire, Educate, and Empower*  
Keep Informed



**Book Drive**





**Monday, August 12 -  
Friday, August 16, 2024  
at Area Agency on Aging 3**



Area Agency on Aging 3  
Integrity. Independence. Quality of Life.

Accepting new and gently used kid and adult books. Books will be donated to area schools who work with our Retired Senior Volunteer Program. Books for adults will be used to start a lending library at Area Agency on Aging 3 or donated to an adult literacy program.

Books may be dropped off at Area Agency on Aging 3  
Monday, Aug. 12 - Friday, Aug. 16 from 8:00-4:30 p.m.  
at the main office, 2423 Allentown Road, Lima.

## Annual Chicken & Rib Dinner

Tickets will be going on sale on August 1st for Area Agency on Aging 3's Annual Chicken and Rib Dinner! The Chicken and Rib Dinner will be once again be prepared by Ahh! Sweet Caroline's and will be from 11AM-1:30PM at the agency on Friday, September 27th! Chicken dinners will be \$13.00 and comes with 1/2 chicken, green beans, apples sauce, roll and butter. Rib dinners will be \$16.00 and comes with a 1/4 rack of ribs, green beans, apple sauce, roll and butter. You will have the option for payroll deduction, check or cash.



[Purchase Tickets Now](#)

## Save the Date

Save the date for AAA3 onsite annual Biometric screenings. Scheduling slots will come in further communication closer to the event on Tuesday, September 10th in the Board Conference Room!

**Testing included in a biometric screening:**

- Height
- Weight
- Body Mass Index (BMI)
- Body Fat Percentage
- Waist Circumference



- Blood Pressure
- Total Cholesterol
- HDL
- LDL
- Triglycerides
- Glucose (*Fasted*)

*\*Testing concludes with a coaching session with an explanation of all testing results.*

\*The screening is not a means to diagnose or a substitute for seeing your regular physician, but rather a starting point to become better educated and encourage discussion about diet, exercise, stress, and sleep habits with your physician.

## AAA3 Day at Scene 75 in Dayton

AAA3 Staff Day at Scene 75 in Dayton - Saturday, August 31st, 2024. Bus will leave from AAA3 at 10am and arrive back to AAA3 around 3:00/3:30pm. You may drive yourself and meet there!



You and your family are invited to share with your AAA3 family and their loved ones for 3-hours of unlimited arcade games, over 150, and 14 world-class attractions all at one location. We will also have a 3-hour use of a private room with a Taco Bar and unlimited non-alcoholic drink. (Alcohol is not included) (Other food options will be available at your own cost).

The Corporate Scene normally runs at \$75 per guest but you will be able to join us for \$10 each guest. **Registration is required and payment is due at the time of registration.**

Should you want to pay via cash or **check payable: to Silver Birch Foundation** use promotion code INVOICE and see Ann Carroll.

Please click on this link to register you and your family by Close of Day Monday August 12, 2024.

Hope you can join us for this fun day!!!!

[Click to register for Scene 75 Day!](#)

## Volunteers Needed

We have some upcoming community outreach events! If you would like to volunteer please let Jolene ([jmolaski@psa3.org](mailto:jmolaski@psa3.org)) know!



**August 17th** - Power Up Your Health Youth Fair - 9AM-12Noon

**August 23rd** - Veterans Day at the Allen County Fair

**September 12th** - Hancock County Senior Expo @ Owens Community College

**September 14th** - Multicultural Expo @ Lima YMCA

**September 21st** - Activate Allen Co Block Party - Central Lima Neighborhood Assoc Reading Park

**September 21st** - Harvest & Herb Festival – Ada – 9AM-4PM

**September 24th** - Fall Prevention Day @ AAA3

**September 27th** - Hardin County Senior Expo - 9AM-1PM

**September 27th** - Annual AAA3 Chix And Rib Dinner

**September 27th** - Shred A Thon @ AAA3

## Trainings & CEUs

**O4A VIRTUAL WORKSHOP SERIES:  
SOCIAL SECURITY FOR  
AGING INDUSTRY  
PROFESSIONALS**

**SEPTEMBER 10, 2024  
9 AM TO 12:15 PM  
\$75 INCLUDES 3 CEU'S**

**REGISTER NOW**

OHIO ASSOCIATION OF AREA AGENCIES ON AGING 

Registration is Now Open For A New Webinar! The o4a virtual workshop series has a new webinar; Social Security for Aging Industry Professionals. This webinar will be held on September 10, 2024, from 9 am to 12:15 pm via Zoom. The cost is \$75, including CEU's.

America's largest domestic program is the financial foundation for our older adult community. Both personally and professionally, you cannot afford to not understand the benefits and options available for you, your consumers, and your family.

For more information and link to registration:

[Click Here to Register](#)



# BROOKDALE CONTINUING EDUCATION SERIES

Join us for our upcoming Brookdale Continuing Education (CE) Series for healthcare professionals.

For more than 10 years, our CE series has been committed to sharing and educating health professionals with the latest knowledge in senior care and well-being. This recorded webcast series provides 1.0 CE credit (one hour) per session for nurses, social workers and case managers. Participants can also have their questions answered by our content experts.

<b>AUGUST</b>	<b>Wellness for Life: Engaging Seniors in Health and Wellness Programs</b> Aimee Snyder, RN, BSN, Director, Clinical Nursing Services at Omnicare, a CVS Health Company
<b>OCTOBER</b>	<b>Loneliness and Social Isolation Interventions for Older Adults: Discovering Individualized Engagement Strategies</b> Camille Jordan, MSN, APRN, FNP-C, CDP, Senior Vice President of Clinical Services at Brookdale Andrea Henry, Divisional Director, Resident Engagement at Brookdale
<b>DECEMBER</b>	<b>Understanding Vicarious Trauma: Cultivating Healing and Resilience in Healthcare Professionals</b> LaTonya P. Washington, MSW, LICSW-S, PIP, Owner & Therapist, Changing Seasons Therapy and Consulting, LLC


This event is by reservation only. To RSVP or for more information, see below.

**Brookdale Findlay**  
Assisted Living

725 Fox Run Rd  
Findlay, OH 45840

■ **The Last Wednesday of the Month**  
12:00 p.m. To 1:00 p.m.  
To RSVP, call or email.  
**(419) 889-4541**  
**ahess@brookdale.com**

96800 .JH

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## Register for Upcoming Webinars from the Brain Health Academy

[Brain Health Academy](#) by UsAgainstAlzheimer's offers free, evidence-based courses designed to equip health and community providers with the knowledge and resources to reduce the risk of dementia and Alzheimer's and improve health outcomes. Each 1-hour course offers 1 CE credit. In 2024, UsAgainstAlzheimer's is offering six courses.



[UsAgainstAlzheimer's](#) exists to conquer Alzheimer's disease. They take on the toughest problems, bring all of "Us" together to break down barriers, advocate for research that will speed treatments to market, and drive changes that matter most to people living with the disease. UsAgainstAlzheimer's will not rest until brain-span equals lifespan—for everyone.

Each of the webinars will be recorded and available for viewing for up to 60

days after the live presentation. Pre-registration is required to attend the live or the recorded webinars.

**Brain Injury and Dementia**  
**Thursday, Sept. 12**  
**1–2 PM Eastern | 10–11 AM Pacific**

Studies have shown a significant relationship between brain injury and dementia. Researchers have learned that a history of traumatic brain injury (TBI) increases the risk of developing dementia later in life. This course will address the impact of brain injuries on cognitive function and how to mitigate the risk of cognitive decline in individuals with a history of brain injury.



*Also available on demand Sept. 15–Nov. 11, 2024.*

[Click to Register](#)

## Great Job - Kudos to you!

Don't forget you can send kudos and shout outs to team members who have went above and beyond to help out in some way! You can submit via email (be sure to send to that person and copy their supervisor and Michele Gibson). You can also send via the intranet!

[Submit Kudos](#)

## Reminder

Just a quick reminder that if you have someone in your department that has something to celebrate - birth, marriage, new home, etc - don't hesitate to send it to me so I can share in The Advocate. If you can include a picture even better!

The Advocate is sent out every two weeks on Monday. Feel free to share your team members' good news - with their permission of course!



## Let's Celebrate



8/12 - Carmen Imam, RN - OHCW Care Manager  
8/26 - Jennifer Foster  
- APS Case Worker Hancock County  
9/3 - Kim Hiatt, LSW - PP/AL Care Manager



8/15 Emily Meyers  
8/16 Jennifer Robinson  
8/18 Anna Hairston  
8/21 Crystal Corbett  
8/24 Jennifer Long  
8/25 Julie Mason



8/14/2023 Alexis Hoffman - 1 year  
8/14/2023 Ashley Lockhart - 1 year  
8/16/2021 Jennifer Cotton - 3 years  
8/21/2023 Amanda Pauley, LSW - 1 year  
8/23/2021 Jacqueline Carver - 3 years  
8/23/2021 Lacy Frye - 3 years  
8/24/2021 Morgan Honey - 3 years



## On the Calendar

### August:

- Immunization Awareness Month
- 12-16: AAA3 Book Drive
- 16: DISH Dining Club - Allen County - 11AM-1PM
- 17: Power Up Your Health Youth Fair - 9am-12noon
- **18: AAA3 at KC Royals @ Cincinnati Reds**
- 23: Veterans Day At The Allen County Fair
- **31: AAA3 Day at Scene 75 Dayton - 10AM-3:30PM**

### September:

- Healthy Aging Month
- Falls Prevention Awareness Month
- National Suicide Prevention Month
- Sweet September Fundraiser with Sara's Sweets
- 2: Labor Day - Office Closed
- 5: DISH Dining Club - Putnam County - 11AM-1PM
- 6: Next Steps: Outreach For Senior Safety At AAA3 12:30-2P
- 8: Kalida Pioneer Days Parade
- 8: Grandparents Day
- **8: AAA3 Day at Toledo Mudhens leaving AAA3 @ 12 Noon**
- **10: Annual Biometric Screening @ AAA3 - 9AM-1PM**
- 14: Multicultural Expo @ Lima YMCA
- **16: AAA3 All Staff Meeting 9AM-12PM**
- 21: Activate Allen Co Block Party - Central Lima Neighborhood Assoc Reading Park
- 21: Harvest & Herb Festival – Ada – 9AM-4PM
- 24: Fall Prevention Day
- 27: Hardin County Senior Expo - 9AM-1PM
- 27: Annual AAA3 Chix And Rib Dinner
- 27: Shred A Thon

### October:

- Breast Cancer Awareness Month
- Domestic Violence Awareness Month
- **Coins For A Cause**
- 1: Disaster Preparedness Event @ Wapak Village Apartments
- **6: Family Fun Fall Festival**
- 6: Minster Oktoberfest Parade
- 9: VIP 50th Anniversary Luncheon 11:30AM-1PM
- 9: 50th Anniversary Celebration Open House 1:30-4:30PM
- 11: DISH Dining Club - Van Wert County
- 14: Columbus Day - Office Closed
- 29: Hardin Co DTBD/Shred A Thon 11AM-2PM

Items in **bold** are AAA3 staff events only!

## Kitty Condo Upgrade

As some of you are aware, we have a Kitty Condo in the back with a few residents! Baby, Oreo, and Panther are the long term residents.

These cats have been fixed and fed by the generosity of a few team members at AAA3! They never ask for money or donations to help! Recently their condo received a very nice upgrade from a donor!

With colder weather coming, we would like to stock up on some food for the furry residents of the Kitty Condo! If you would like to donate kitty food, wet or dry, just drop it off in the foyer. If you would like to donate to the Kitty Condo fund, just put spare change or money in an envelopes and give to Steph Lane!



## Garage Sale Board

**GARAGE SALE BOARD IS MOVING!** It is now available to post on within the **Announcements** section of the intranet!

Garage Sale Team Board - Share items that you have for sale or giveaway. Please be honest about condition and quality. AAA3 is not responsible for any

money, sales or exchange of goods. This is between individuals, this is just a simple way to share with one another. Start a new conversation for each item for sale. Once item is sold or given away, please mark it as sold in the conversation of that item. It is your responsibility to make arrangements for payments and pickups. This is not part of AAA3, therefore is not anyone's responsibility but your own. Have fun and happy selling! If you have a home-based business feel free to share it on there as well!



## Spiritual Inspiration

This is now part of the intranet! If you would like to have access to the forum please contact Jolene Molaski to be added to the member's only section of the intranet.



This offers prayers, kind thoughts, and unconditional support when needed. "And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people." - Ephesians 6:18



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You are receiving this email because you opted in via our website.

**Our mailing address is:**  
Area Agency on Aging 3  
2423 Allentown Rd  
Lima, OH 45805-1711

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